

# 5月 個人利用スケジュール【卓球・バドミントン】

2025.5.5

| 利用区分・日程 |             | 1 | 2 | 3 | 4              | 5 | 6 | 7 | 8 | 9 | 10 | 11             | 12          | 13 | 14 | 15 | 16 | 17                                   | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |   |   |   |
|---------|-------------|---|---|---|----------------|---|---|---|---|---|----|----------------|-------------|----|----|----|----|--------------------------------------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|---|---|---|
|         |             | 木 | 金 | 土 | 日              | 月 | 火 | 水 | 木 | 金 | 土  | 日              | 月           | 火  | 水  | 木  | 金  | 土                                    | 日  | 月  | 火  | 水  | 木  | 金  | 土  | 日  | 月  | 祝  | 水  | 木  | 金  | 土  |   |   |   |
| 早朝      | 7:30~9:00   | - | - | - | バドミントン<br>区民大会 | - | - | - | - | - | -  | バド<br>区民<br>大会 | 休<br>館<br>日 | -  | -  | -  | -  | 県<br>中<br>学<br>生<br>卓<br>球<br>大<br>会 | -  | -  | -  | -  | -  | -  | -  | -  | -  | -  | -  | -  | -  | -  | - | - |   |
| A       | 9:00~11:00  | ● | × | × |                | ● | ● | ● | ● | × | ×  |                |             | ●  | ●  | ●  | ×  |                                      | ●  | ●  | ×  | ●  | ●  | ●  | ●  | ●  | ×  | ×  | ●  | ●  | ●  | ●  | ● | × | × |
| B       | 11:00~13:00 | ● | × | ● |                | ● | ● | ● | ● | × | ●  |                |             | ●  | ×  | ●  | ×  |                                      | ●  | ●  | ×  | ●  | ●  | ×  | ●  | ●  | ×  | ●  | ●  | ●  | ×  | ●  | ● | × | ● |
| C       | 13:00~15:00 | ● | × | ● |                | ● | ● | ● | ● | × | ●  |                |             | ●  | ×  | ●  | ×  |                                      | ●  | ●  | ×  | ●  | ●  | ×  | ●  | ●  | ×  | ●  | ●  | ●  | ×  | ●  | ● | × | ● |
| D       | 15:00~17:00 | ● | × | ● |                | ● | ● | ● | ● | × | ●  |                |             | ●  | ×  | ●  | ×  |                                      | ●  | ●  | ×  | ●  | ●  | ×  | ●  | ●  | ×  | ●  | ●  | ●  | ×  | ●  | ● | × | ● |
| E       | 17:00~19:00 | ● | × | ● |                | × | × | ● | ● | × | ●  |                |             | ×  | ×  | ×  | ×  |                                      | ●  | ●  | ×  | ●  | ×  | ●  | ×  | ●  | ×  | ×  | ×  | ●  | ×  | ●  | ● | × | ● |
| F       | 19:00~21:00 | ● | × | × |                | × | × | ● | ● | × | ×  |                |             | ×  | ×  | ×  | ●  |                                      | ●  | ●  | ×  | ×  | ×  | ●  | ×  | ●  | ×  | ×  | ×  | ●  | ×  | ●  | ● | × | × |
| 深夜      | 21:00~23:00 | - | - | - | -              | - | - | - | - | - | -  | -              | -           | -  | -  | -  | -  | -                                    | -  | -  | -  | -  | -  | -  | -  | -  | -  | -  | -  | -  | -  | -  |   |   |   |

# 6月 個人利用スケジュール【卓球・バドミントン】

| 利用区分・日程 |             | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9           | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22                         | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 |   |
|---------|-------------|---|---|---|---|---|---|---|---|-------------|----|----|----|----|----|----|----|----|----|----|----|----|----------------------------|----|----|----|----|----|----|----|----|---|
|         |             | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月           | 火  | 水  | 木  | 金  | 土  | 日  | 月  | 火  | 水  | 木  | 金  | 土  | 日                          | 月  | 火  | 水  | 木  | 金  | 土  | 日  | 月  |   |
| 早朝      | 7:30~9:00   | - | - | - | - | - | - | - | - | 休<br>館<br>日 | -  | -  | -  | -  | -  | -  | -  | -  | -  | -  | -  | -  | 卓<br>球<br>区<br>民<br>大<br>会 | -  | -  | -  | -  | -  | -  | -  | -  |   |
| A       | 9:00~11:00  | ● | ● | ● | ● | ● | × | × | ● |             | ●  | ●  | ×  | ×  | ●  | ●  | ●  | ●  | ●  | ●  | ×  | ×  |                            | ●  | ●  | ●  | ●  | ●  | ×  | ×  | ●  | ● |
| B       | 11:00~13:00 | ● | ● | × | ● | ● | × | ● | ● |             | ×  | ●  | ●  | ×  | ●  | ●  | ●  | ×  | ●  | ●  | ×  | ●  |                            | ●  | ●  | ●  | ●  | ×  | ×  | ●  | ●  |   |
| C       | 13:00~15:00 | ● | ● | × | ● | ● | × | ● | ● |             | ×  | ●  | ●  | ×  | ●  | ●  | ●  | ×  | ●  | ●  | ×  | ●  |                            | ●  | ●  | ●  | ●  | ×  | ×  | ●  | ●  |   |
| D       | 15:00~17:00 | ● | ● | ● | ● | ● | × | ● | ● |             | ×  | ●  | ●  | ×  | ●  | ●  | ●  | ×  | ●  | ●  | ×  | ●  |                            | ●  | ●  | ●  | ●  | ×  | ×  | ●  | ●  |   |
| E       | 17:00~19:00 | × | ● | × | ● | ● | × | ● | × |             | ×  | ●  | ×  | ×  | ●  | ×  | ●  | ×  | ●  | ●  | ×  | ●  |                            | ×  | ●  | ×  | ●  | ×  | ×  | ×  | ×  | ● |
| F       | 19:00~21:00 | × | ● | ● | ● | × | × | × | × |             | ×  | ●  | ×  | ×  | ●  | ×  | ×  | ×  | ●  | ●  | ×  | ×  |                            | ×  | ×  | ×  | ●  | ×  | ×  | ×  | ×  | ● |
| 深夜      | 21:00~23:00 | - | - | - | - | - | - | - | - | -           | -  | -  | -  | -  | -  | -  | -  | -  | -  | -  | -  | -  | -                          | -  | -  | -  | -  | -  | -  | -  | -  |   |

●印⇒卓球（5台）とバドミントン（2面、縦半分で5面）ができます。

×印⇒個人利用はできません。

無印⇒体育室が空いていればご利用できます。

-印⇒解放対象外の枠です。



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