

9月 個人利用スケジュール【卓球・バドミントン】

2024.9.11

| 利用区分・日程 | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | | | |
|---------|-------------|---|---|---|---|---|---|---|---|-----|----|----|----|----|----|----------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|------------|---|---|
| | | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 祝 | 火 | 水 | 木 | 金 | 土 | 日 | 祝 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | | | |
| 早朝 | 7:30~9:00 | | - | - | - | - | - | - | - | 休館日 | - | - | - | - | - | バレーボール大会 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | | |
| A | 9:00~11:00 | | ● | ● | ● | ● | × | × | ● | | ● | ● | ● | × | × | | ● | ● | ● | ● | ● | ● | × | × | ● | ● | ● | ● | ● | × | × | バスケットボール大会 | ● | |
| B | 11:00~13:00 | | ● | × | ● | ● | × | ● | ● | | × | ● | ● | × | ● | | ● | ● | × | ● | ● | ● | × | ● | ● | ● | × | ● | ● | ● | ● | | ● | ● |
| C | 13:00~15:00 | | ● | × | ● | ● | × | ● | ● | | × | ● | ● | × | ● | | ● | ● | × | ● | ● | ● | × | ● | ● | ● | × | ● | ● | × | ● | | ● | ● |
| D | 15:00~17:00 | ● | ● | ● | ● | ● | × | ● | ● | | ● | ● | ● | × | ● | | ● | × | × | × | ● | ● | × | ● | ● | ● | ● | ● | ● | × | ● | | ● | ● |
| E | 17:00~19:00 | × | ● | × | ● | ● | × | ● | × | | × | × | ● | ● | × | | ● | × | × | × | ● | ● | × | ● | × | × | × | ● | ● | × | ● | | × | ● |
| F | 19:00~21:00 | × | ● | × | ● | ● | × | × | × | | × | × | ● | ● | × | | × | × | × | × | ● | ● | × | × | × | × | × | ● | ● | × | × | | × | × |
| 深夜 | 21:00~23:00 | - | - | - | - | - | - | - | - | | - | - | - | - | - | | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | | - | - |

10月 個人利用スケジュール【卓球・バドミントン】

| 利用区分・日程 | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | | |
|---------|-------------|---|---|---|---|---|---|---|---|---|----|----|----|----|--------|-----|----|----|----|----|----|----|----|----|----|----|----|----|----------|----|----|----|---|---|
| | | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 祝 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | | |
| 早朝 | 7:30~9:00 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 休館日 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | | |
| A | 9:00~11:00 | ● | ● | ● | × | × | ● | ● | ● | ● | ● | × | × | ● | スポーツレク | | ● | ● | × | × | ● | ● | ● | ● | ● | ● | × | × | 市中学校卓球大会 | - | - | - | - | |
| B | 11:00~13:00 | × | ● | ● | × | ● | ● | ● | × | ● | ● | × | ● | ● | | | ● | ● | ● | × | × | ● | ● | × | ● | ● | × | ● | | ● | ● | ● | ● | ● |
| C | 13:00~15:00 | × | ● | ● | × | ● | ● | ● | × | ● | ● | × | ● | ● | | | ● | ● | ● | × | × | ● | ● | × | ● | ● | × | ● | | ● | ● | ● | ● | ● |
| D | 15:00~17:00 | ● | ● | ● | × | ● | ● | ● | ● | ● | ● | × | ● | ● | | | ● | ● | ● | × | ● | ● | ● | ● | ● | ● | × | ● | | ● | ● | ● | ● | ● |
| E | 17:00~19:00 | × | ● | ● | × | ● | × | ● | × | ● | ● | × | ● | × | | | × | ● | ● | × | ● | × | ● | × | ● | ● | × | ● | | ● | × | ● | × | ● |
| F | 19:00~21:00 | × | ● | ● | × | × | × | ● | × | ● | ● | × | × | × | | | × | ● | ● | × | × | × | ● | × | ● | ● | × | × | | × | × | ● | × | ● |
| 深夜 | 21:00~23:00 | - | - | - | - | - | - | - | - | - | - | - | - | - | | | - | - | - | - | - | - | - | - | - | - | - | - | | - | - | - | - | - |

●印⇒卓球（5台）とバドミントン（2面、縦半分で5面）ができます。



×印⇒個人利用はできません。

無印⇒体育室が空いていればご利用できます。

-印⇒解放対象外の枠です。

前日もしくは当日にお電話にてお問合せください。

保土ヶ谷スポーツセンター

電話：045-336-4633

〒240-0005

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