

8月 個人利用スケジュール【卓球・バドミントン】

2022. 7. 31現在

| 利用区分・日程 | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | |
|---------|-------------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|---|
| | | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 祝 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | |
| 早朝 | 7:30~9:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| A | 9:00~11:00 | ● | ● | ● | ● | × | × | ● | | ● | ● | 卓 | ● | ● | ● | ● | ● | ● | ● | × | ● | | 市 | ● | ● | ● | ● | × | × | ● | ● | ● | ● |
| B | 11:00~13:00 | ● | × | ● | ● | × | × | ● | | × | ● | 卓 | ● | ● | ● | ● | × | ● | ● | × | ● | | 高 | ● | × | ● | ● | × | × | ● | ● | × | ● |
| C | 13:00~15:00 | ● | × | × | ● | × | ● | ● | | × | ● | 区 | × | ● | ● | ● | × | ● | ● | × | ● | | 校 | ● | × | ● | ● | × | × | ● | ● | × | ● |
| D | 15:00~17:00 | ● | ● | × | ● | × | ● | ● | | ● | ● | 民 | × | ● | ● | ● | ● | ● | ● | × | ● | | 卓 | ● | ● | ● | ● | × | × | ● | ● | ● | ● |
| E | 17:00~19:00 | ● | × | ● | ● | × | × | × | | × | ● | 大 | × | × | × | ● | × | ● | ● | × | × | | 球 | ● | × | ● | ● | × | ● | × | ● | × | ● |
| F | 19:00~21:00 | ● | ● | ● | ● | ● | × | × | | ● | ● | 会 | ● | × | × | ● | × | ● | ● | × | × | | 強 | ● | × | ● | ● | × | ● | × | ● | × | ● |
| 深夜 | 21:00~23:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

9月 個人利用スケジュール【卓球・バドミントン】

| 利用区分・日程 | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
|---------|-------------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|--|
| | | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 祝 | 火 | 水 | 木 | 祝 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | |
| 早朝 | 7:30~9:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| A | 9:00~11:00 | ● | × | ● | 卓 | ● | ● | ● | ● | × | ● | ● | | ● | ● | ● | × | ● | 卓 | | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | × | |
| B | 11:00~13:00 | ● | × | ● | 球 | ● | × | ● | ● | × | ● | ● | | × | ● | ● | × | ● | 卓 | | × | ● | ● | ● | ● | ● | ● | × | ● | ● | × | |
| C | 13:00~15:00 | ● | × | ● | 区 | ● | × | ● | ● | × | ● | ● | | × | ● | ● | × | ● | 区 | | × | ● | ● | ● | ● | ● | ● | × | ● | ● | × | |
| D | 15:00~17:00 | ● | × | ● | 民 | ● | ● | ● | ● | × | ● | ● | | ● | ● | ● | × | ● | 民 | | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | × | |
| E | 17:00~19:00 | ● | × | × | 大 | ● | × | ● | ● | × | × | × | | × | ● | ● | × | × | 大 | | × | ● | ● | ● | × | × | ● | × | ● | ● | × | |
| F | 19:00~21:00 | ● | × | × | 会 | ● | × | ● | ● | × | × | × | | ● | ● | ● | ● | × | 会 | | × | ● | ● | ● | × | × | ● | × | ● | ● | × | |
| 深夜 | 21:00~23:00 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

●印⇒卓球（4台）とバドミントン（2面）ができます

×印⇒個人利用はできません

無印⇒体育室が空いていればご利用できます

前日もしくは当日にお電話にてお問合せください



保土ヶ谷スポーツセンター

電話：045-336-4633

〒240-0005

横浜市保土ヶ谷区神戸町129-2